



2022 ANNUAL REPORT

www.eldercarebigbend.org
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Tallahassee, FL 32304

 **ELDER CARE**
SERVICES, INC.

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SENIOR SUCCESS SPOTLIGHT

Jeff and Jean are a happy and resilient couple. After 40 years of marriage, they still love caring for each other. They have been through a lot together, including Jeff's untimely stroke a few years ago, which made it difficult for him to get around. But they remain committed to each other and are determined to continue living in the comfort of their own home for as long as possible.

However, as Jeff's health challenges mounted, it became increasingly difficult for Jean to take care of his needs, manage everyday tasks and maintain their independence.

That's where Elder Care Services came in.

Jeff and Jean now receive support from our friendly care professionals who provide assistance with tasks like cooking, cleaning, and medication management. They also offer companionship and support, helping Jeff and Jean feel less isolated and alone.

Thanks to the services they receive from us, Jeff and Jean can continue living together at home, even as their needs change.

They are able to age in place safely and comfortably, with the knowledge that they have the support they need to maintain their quality of life. Their resilience and commitment to each other are truly inspiring, and we are honored to be a part of their journey.

** Names have been changed for privacy*

YOUR 2022 IMPACT



97,283

meals distributed to seniors in need

2,281

local seniors received services



106,038

hours of service provided by senior volunteers



2,888

items of material aid distributed to seniors



31

seniors received community care at Elder Day Stay

59,125

247

seniors received personalized care in their homes



hours of personalized in-home care provided to seniors





MESSAGE FROM THE PRESIDENT

As the President and CEO of Elder Care Services, I am incredibly proud of all that we have accomplished in the past year. Our commitment to improving the lives of seniors and their caregivers in the Big Bend has never been stronger, and it is thanks to the dedication of our staff, volunteers, and community partners that we have been able to make such a positive impact.

I am so grateful for the support of our generous donors who have helped make our programs and services possible. Your kindness has enabled us to provide vital care to seniors in need, including companionship, meals, health and wellness programs, and caregiver support. Without your funding, we would not be able to make the difference that we do in the lives of so many in our community.

Looking ahead to the future, we remain committed to reaching even more people and helping others see the value in caring for older adults. We know that the need will only continue to grow, and we are eager to meet that demand with the same compassion and dedication that has been the hallmark of our organization for many years. Thank you for your continued support and partnership as we work together to improve the lives of seniors and caregivers in the Big Bend.



Jocelyne M. Fliger, MSW
President and CEO



2022 HIGHLIGHTS



Florida Department of Elder Affairs Secretary Michelle Branham visits Elder Day Stay.



AmeriCorps Seniors volunteers work on community garden.



Mayor John E. Dailey delivers meals to homebound seniors in Tallahassee.



Volunteers and clients celebrate Best Friends Day at Elder Day Stay



Seniors at Elder Day Stay celebrate Father's Day with a root beer float.



Elder Care Services is presented with a Proclamation of Support by the Leon County Commission.



Clients at Elder Day Stay work on their art skills with students from FSU College of Medicine.



Clients at Elder Day Stay observe Elder Abuse Awareness Day with a flower pot painting activity.



Elder Care Services' President and CEO advocates for senior volunteers at the White House.

2022 HIGHLIGHTS



Elder Care Services distributes hurricane preparedness buckets to seniors in Leon County.



Team members from local Publix stores meet at Elder Care Services to deliver Meals on Wheels.



Elder Care Services' AmeriCorps Seniors department participates in the 9/11 Day of Service with a street cleanup.



Local Eagle Scout Pranam Prakash delivers a smart donation drop box to Elder Care Services



Clients at Elder Day Stay get a visit from the Tallahassee Memorial HealthCare Pet Therapy dogs.



Elder Care Services welcomes over 700 guests to our annual Oktoberfest fundraiser.



Elder Care Services presents Outstanding Philanthropic Organization award to the Tallahassee Beer Society.



Elder Care Services participates in the MAACA, Inc World AIDS Day dinner.

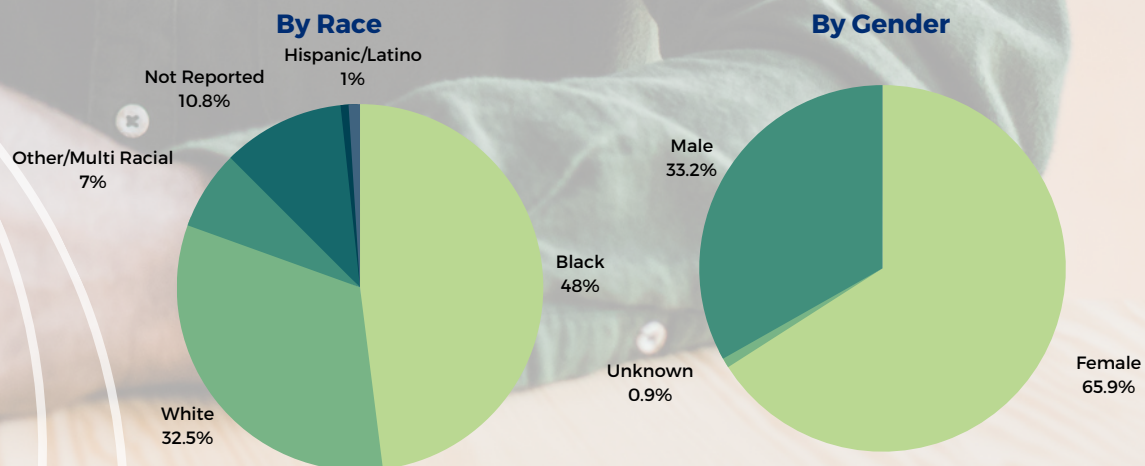


Meals on Wheels volunteers spread holiday cheer delivering Elder Elf presents for local seniors.

WHO WE SERVE

Elder Care Services provides services to a diverse group of seniors and their caregivers in the Big Bend. We serve seniors from all backgrounds, including those who are low-income, homebound, and socially isolated. Many of the seniors we serve have chronic health conditions, such as diabetes, heart disease, and arthritis, which can make it difficult for them to access the care they need. Our organization provides essential services like transportation to medical appointments, home-delivered meals, and health and wellness programs to help these seniors maintain their independence and improve their quality of life.

In addition to serving seniors, we provide support to caregivers who play a critical role in the lives of the seniors they care for. We understand that caregiving can be a challenging and stressful job and that caregivers often put their own needs aside to care for their loved ones. That's why we offer a variety of caregiver support services, such as respite care, counseling, and support groups. By providing support to caregivers, we help them to better care for their loved ones and improve their own well-being.





THE NEED

Seniors are the fastest-growing demographic in Leon County, making it more important than ever to address their unique needs. In fact, our senior population is projected to increase by nearly 40% over the next decade. This means that *Elder Care Services plays an increasingly vital role in providing compassionate care and support for seniors and their caregivers.*

With this growth comes an increased demand for services such as companionship and homemaking, nutrition, health and wellness programs, and caregiver support. *Our organization is uniquely positioned to address these needs* through our five areas of service, which include Meals on Wheels, in-home care, Elder Day Stay, AmeriCorps Seniors, and Senior Outreach Services. By providing these services, we not only improve the quality of life for seniors and their caregivers but also help to reduce healthcare costs and hospitalizations.

Overall, our mission to improve the quality of life for seniors and their caregivers has never been more important. With the senior population in Leon County rapidly growing, it is essential that we continue to provide community-based, compassionate care to those who need it most.

Florida has the **highest concentration of older residents** in the U.S.



11.3%

of seniors in Leon County live below the poverty line.

24%

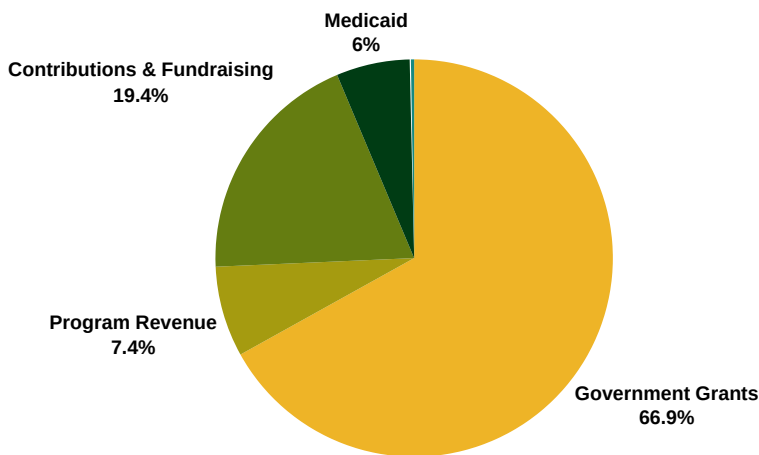
of seniors in Leon County live alone and are at risk of social isolation.

25%

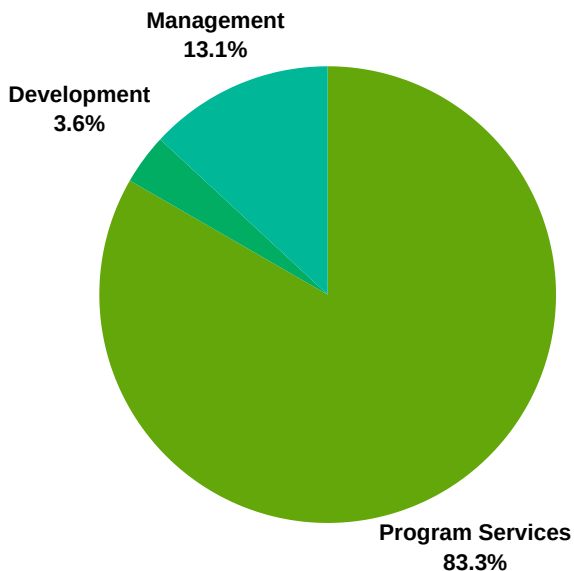
of seniors in Leon County live with one or more disabilities.

FINANCIAL STEWARDSHIP

Operating Revenue



Operating Expense



Elder Care Services is able to keep our professional standards high and provide quality care to seniors due to our vigorous grant pursuits, generous donors, and wonderful volunteers. Our commitment to maintaining strong fiscal policies ensures the integrity and longevity of our programs so that we can continue to meet the growing needs of our community. As we look to the future, we are dedicated to expanding our services to reach even more seniors and caregivers in the Big Bend.

In 2022, we also received \$63,257 of in-kind revenue to support our mission, including volunteer time and mileage and material aid items.

OUR PROGRAMS



Nutrition Services

Meals on Wheels (hot & frozen) are delivered on weekdays to home-bound seniors and to our eight congregate meal sites.



Elder Day Stay

Day center that provides services to adults requiring continuous care as well as respite for caregivers, Monday through Friday, 7:30 a.m. to 5:30 p.m.



AmeriCorps Seniors

Seniors 55 years of age or older are placed in vital volunteer roles that enrich the quality of life for the senior and make lasting impacts to their community.



In-Home Services

In-home care for frail, functionally impaired, and homebound seniors as an alternative to nursing home placement.



Senior Outreach Services (S.O.S.)

Senior Outreach Services is the first contact for seniors seeking help and may provide material aid in addition to answering questions and connecting seniors to appropriate resources.



OUR 2022 BOARD OF DIRECTORS

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United Way of the Big Bend



United Way
of Northwest Florida



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WeaverStern PA
McKee Insurance Agency
Premiere Computer Solutions
Sachs Media
Summit Home Healthcare Products
The Krizner Group
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THANK
YOU
FOR
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POSSIBLE

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